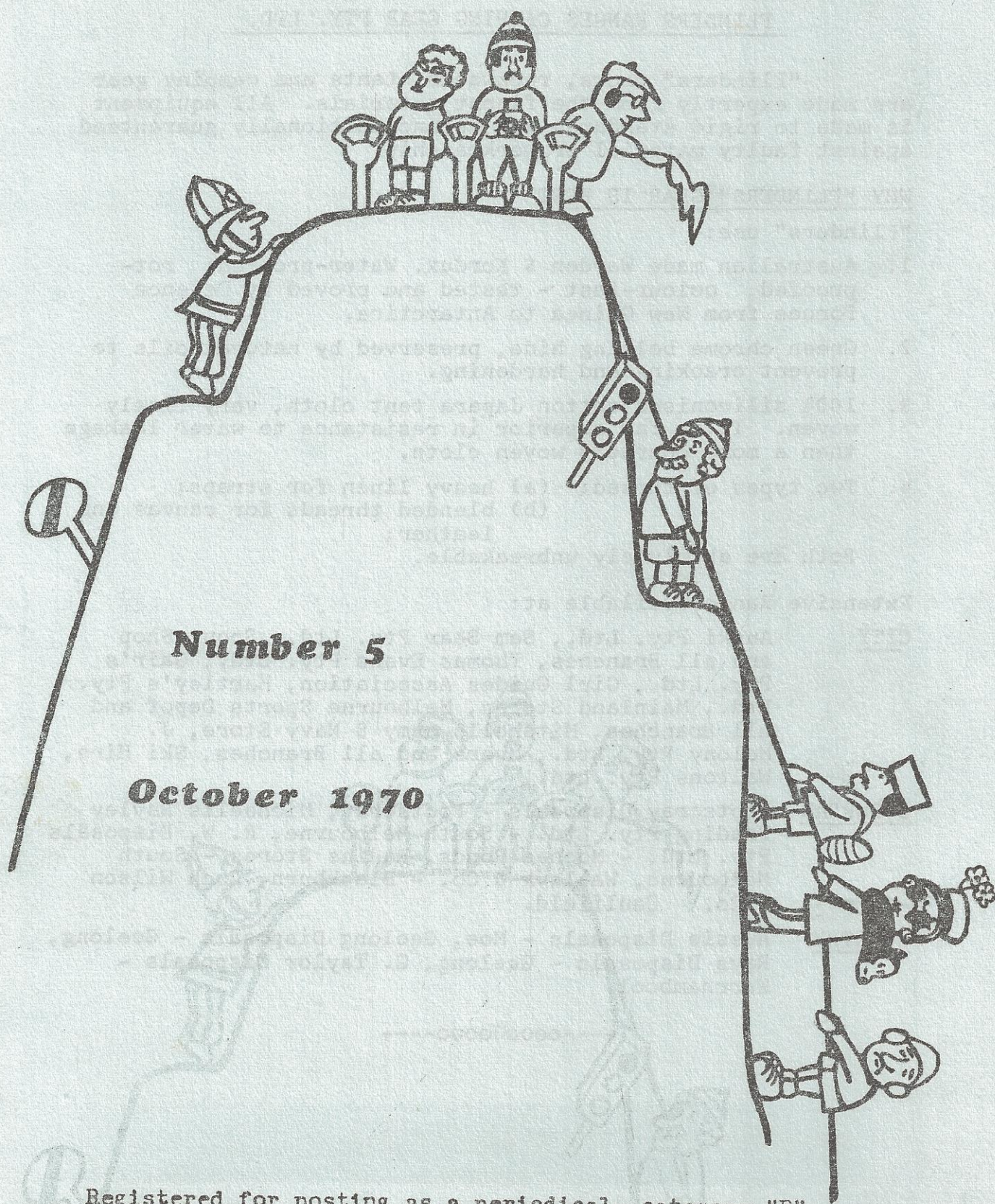


THE MOUNTAINEER



Number 5

October 1970

Registered for posting as a periodical- category "B"

ADVERTISEMENT

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The Mountaineer

MELBOURNE UNIVERSITY MOUNTAINEERING CLUB

Official Journal of the Melbourne University Mountaineering Club.

Number 5, October 1970.

Price : 10¢

Correspondence: The Editor, C/- M.U.M.C.,
Sports Union, University of Melbourne,
Parkville. Vic. 3052.

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This edition of the Mountaineer has struck a number of delays but at last it is here, only one month late. My thanks are extended to Leigh Peterson and Bob Cannon for the help they have given in the duplication of this and the previous issue, as I have been unable to do this work myself.

Copy deadline for the next Mountaineer is 1st December, so if you get sick of exams, sit down and write an article or do some artwork. On the subject of exams, your editor wishes you the best of luck.

For some time there has been a noticeable tendency for two main groups of mountaineers to be active in the club. The walkers and the climbers. The two groups have operated fairly independently over the years, but in recent times there has been an encouraging amount of mixing between them. One of the main reasons for this has stemmed from the broadening of activities of the club.

First caving and more recently ski-touring and canoeing activities have become popular. They attract both climbers and walkers and thus encourage a merging of interests of two groups which have been traditionally separated. As a result of this we find that more climbers are now going on walking trips, and more walkers are trying climbing.

Recently it was suggested that a "walkers versus climbers" football match be held. A good venue would be the Grampians and a weekend could be made of it by running some short trips as well. This seems like a good idea, and may possibly be extended to teams from other Universities. If you have any ideas or opinions, let's hear them.

Rod Tucker

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TRIPS PROGRAMME

- October 10-11 Caving - Buchan.
Leader: Miles Pierce.
Transport: Private.
- October 17-18 F.V.W.C. Track Clearing.
Old Howqua Mining Track.
Leader: Dave Hogg.
Transport: Private.
Bring tools.
- October 18 Orienteering - Yarra Junction.
For bookings: Theo Dare - 92 3370
92 8503.
- October 24 Canoeing - Yarra.
Upper Wonga Park to River Reserve.
Leaders: R. Little, J. Bennett, T. Kerr,
M. McNicol.
- November 1 Orienteering - Ballan.
Organizer: Tony Kerr.
Transport: Private.
(See elsewhere in this 'Mountaineer').
- November 12-15 Bushwalk - Hattah National Park.
Leader: Bernie Wendlandt.
Transport: Private.
Standard: Easy.
- November 13-15 a) Bushwalk - Little River Gorge.
Wulgulmarang Creek - Little River Gorge -
Snowy River - Black Mountain.
Leader: Adrian Davey.
Transport: Private.
Standard: Medium.
Map: F.C.V. Deddick.
b) Canoeing - tentatively on the Goulbourn.
- November 17 Compulsory Meeting - for participants in the
trip to Tasmania next February.
Venue: Graduate Lounge;
7.30 p.m.
(Check at Aikman's Road).
- November 21-22 Post Exam Bludge - Warrnambool.
Sun, Surf, Cliffs, Caves, Bird Watching.
(A minimum of walking is required).
Leader: Carla Van Driel.
Transport: Van.
Standard: Easy.
Cost: \$4.50 approximately.

- November 28 Canoeing - Yarra, above Warrandyte.
Leaders: John Bennett and others.
- November 28 Walk - Bluff to Hotham.
- December 6 Standard: Medium/Hard.
Leader: Graeme Oakes.
- November 29 Victorian Orienteering Championships.
Venue: Portsea.
Transport: Private.
- December 1-20 See page 22 in this 'Mountaineer'.
December 24-27 Walk - Lorne.
(approximately) Leader: Jeff Rossely.
Transport: Private.
Standard: Easy.
- December 27 A.S.F. Conference and Field Trips.
- January 10 Hobart.
For more information see John Taylor.
- December 27 Tasmania - Lake Pedder, Mt. Anne.
- January 10 Leaders: Ron Frederick, Tony Kerr.
Standard: Medium.
Leader consent is necessary.
Transport: Group concession on flight to
Hobart, 8.30 a.m. Sunday, 27th
December.
- January 1-?? Walk - Cobberas.
Leader: Geoff Lay.
Transport: Private.
Standard: Medium.
- January 1-3 Walk - Wilson's Promontory.
Leader: Jeff Rossely.
Transport: Private.
Standard: Easy.
- January 8-10 Walk - Bogong High Plains.
Leader: Harry Schaap.
Standard: Medium.
Transport: Private.
- January 24-26 Australia Day Weekend.
a) Macalister Springs - Viking - Razor -
Despair - Speculation - Cross Cut Saw -
Macalister Springs.
Leader: Geoff Lay.
Transport: Private.
Standard: Hard.

- b) Macalister Springs - Cross Cut Saw -
Speculation - Macalister Springs.
Leader: Required.
Standard: Easy/Medium.

For Climbing, Caving, and Canoeing trips other than listed see members competent in these aspects at Aikman's Rd.

Bookings:-

- a) Enter details in Trips Book at Aikman's Road, OR
b) Contact Paul Callander (560-7503).

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TUESDAY, 15th DECEMBER

POST "POST EXAM BLUDGE" EVENING,
PRE XMAS GET-TOGETHER, PIE NIGHT.

Come and talk, socialize, listen to records, plan trips
- i.e. a party.

VENUE: Sports Union Activities Room, 7 - 12 p.m.

DRESS: Yes.

WHAT TO BRING: Girls - a plate of goodies,
Boys - a bottle or two to donate to a common
refreshment pool,
and your Mountaineering Drinking Receptacle.
A prize will be given for the most battered one.

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LOST AND FOUND

The following items were lost on the Alpine Instruction
Course:

one clear plastic groundsheet (7' by 5'6")
one waist loop (rope)
assorted sox
one "tramper" boot (right foot)
one pair of woollen gloves
one pair of aquascade over-mits.

Would anyone finding some or all of these items please
contact Rod Tucker. (He is still available at: Ward 7 East,
Royal Melbourne Hospital. Refer to the last 'Mountaineer'
for visiting hours.)

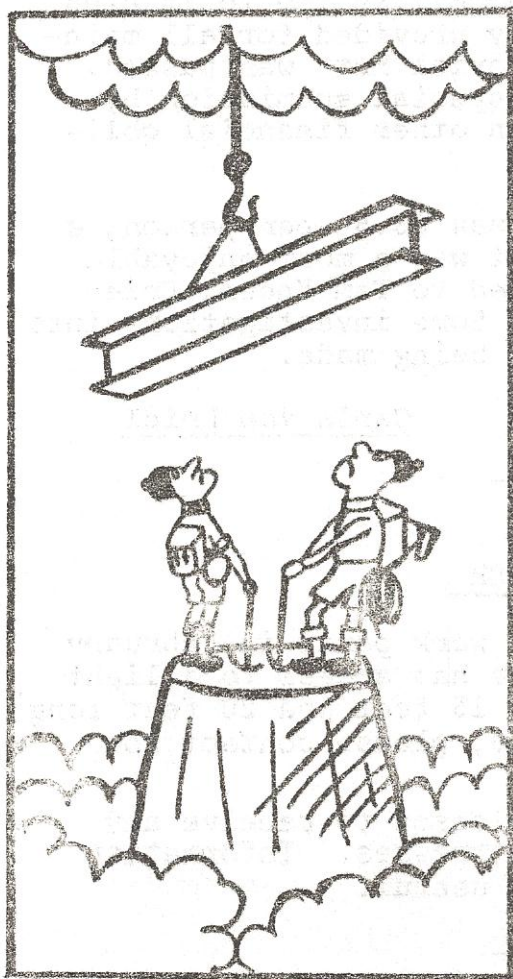
One Club ice axe has also been unaccounted for, and
anyone with a Club ice axe is asked to return it promptly.

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CANOEING

Seven of the keenest took to the water on Saturday, 20th in two of the very recently finished M.U.M.C. canoes, and two kayaks.

At the launching of the former, Arnold, in spite of dire threats, poured vile green Happy Ade over the bows as they slid into the water. The Yarra is now polluted. Everyone peered into the bottom of the boats from the safety of shore to observe any unexpected leaks. None. Four then leapt in, without mishap, and paddled off into, across, and around the Upper Wonga Park launching spot. The craft were obviously seaworthy. Staggering! The day, one of the warmest this Spring, made swimming very inviting, but everyone determinedly stayed afloat. Paddling up the river towards Yering Gorge (which was too far away to reach), wild mountain ducks and their family flew or dived for cover. Wild. Then the delicate aroma of a couple of dead pigs rather spoilt the image!



After a couple of hours or miles of paddling, practising J-strokes, a straight course became practicable for most. For one, the river appeared to be full of demons twisting the canoe around in linked circles. He said that's how he wanted to go. His name should be Wheely. In fairness, the kayaks were harder to keep on a straight course than the Canadians! One of the lifejackets was tested when Gary leapt into the Yarra, and was seen to try to run back to shore when his feet entered the water. He didn't accept the offer of testing the other six jackets. Perhaps the water is still too cold. The day was fine enough for some to return home with sunburnt backs and arms, though.

This trip was a familiarisation one, with the difficulties of canoe handling minimal. So that the Club can build up a core of reasonably proficient and experienced canoeists, some of the future trips will be on rougher water. So that all four boats be used, a canoe trailer remains to be made. When this is done, greater mobility of the canoes will be ensured to

places farther afield than the Yarra. One trip in each of October and November is included in the programme.

John Bennett

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NOTES FROM COMMITTEE MEETINGS HELD

3rd SEPTEMBER AND 14th SEPTEMBER

1. Leadership Course - A course for leadership training will be held by the Club during first term next year. It is hoped that this course will provide more leaders for future bushwalking trips. See elsewhere in this 'Mountaineer' for further details.
2. Kosciusko National Park - are investigating the problem of maintaining mountain huts in the area. A copy of this letter is on the Club noticeboard. Several members have been selected to submit their views, and these will be compiled into a report.
3. Mt. Feathertop Hut - It was decided that the hut would not be painted. A motion "that the committee see to it each year that finance is automatically provided for all maintenance of the Mt. Feathertop Memorial Hut" was passed. Costs for improvements will need special submission by the hut warden, and will depend on other financial obligations during that year.
4. Dinner Dance - Although the cost was \$3.50 per person, a slight loss was made. However, it was a most enjoyable evening and our thanks are extended to Tom Kneen, Brien Cohn, and all others who helped. Some investigations into a venue for next year are already being made.

Carla Van Driel

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WANTED : ONE LADDER

There will be a Feathertop Hut work party in February 1971 (see Trips Programme). If anyone has access to a light ladder (preferably aluminium) between 15 feet and 20 feet long which may be borrowed for this weekend, please contact Ron Frederick.

The Hut Warden would also be pleased to receive any foam rubber which could be used as mattresses. Information about a cheap supply of this would be useful.

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A PLACE IN THE MOUNTAINEER

It appears as though the Melbourne University Matrimonial Club is now in full swing again. Congratulations this month go to Ron Leitch and Mary Lahore on their engagement.

Folk Dancing, organized by Tom Kneen, and held in the S.U. Activities Room on Friday, 11th September, was most enjoyable, and sure to be repeated.

Orienteering is gaining strength. There were approximately 70 competitors at the You Yangs on Sunday, 20th September.

The Kosciusko National Park has forwarded to M.U.M.C. a very exhaustive set of questions on the use, maintenance, and finance, etc. regarding their many mountain huts. It would be encouraging to see such concern about the status of Victoria's mountain huts.

Spring has sprung. With a smile on his face, and a backdated increment from CSIRO in his pocket, Martin was seen leading Robyn and Duncan to Naughtons on Friday, 11th at 2.30 p.m. to celebrate Spring. Celebrations continued way past 6 p.m.

Rod Tucker is comfortably installed in the Royal Melbourne Hospital. Has two way radio communication with Astronautical headquarters every lunchtime, plus hoards of Mountaineering visitors most nights. He would like to see you.

David Hogg is going to do a conservation course at A.N.U. during the next three years.

Congratulations to Nina and John Cole - Twins in - Peter and Andrew.

Recently a Stores Officer weighed out 12 8oz. packets of potato from a 6lb. tin yet still had sufficient left for one large serve for his coming trip.

Duncan Stevenson is at present working on a beard; however, he has struck some problems with bald patches.

From your Editor's visitors' book: "Setting a leg is like making an instant pud. It should be shaken, not streached".

Ros Escott and Libby Jardine are reported to have recently conquered the Prom. on a motor bike.

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HOW TO GET YOUR MOUNTAINEER

For those girls wishing to maintain the matrimonial activities of the Club, the following advice comes from the magazine 'Pol'.

"You've got to be prepared to be more of a good mate than a girl friend to the mountaineer. Far from having a strong shoulder to lean on, you'll need to have them yourself. On hikes, for instance, you'll be expected to carry the pack at least half the way. And clamber up mountains, crash through the bush, and scramble down caves, all without a helping hand. He probably won't even look back to see how you're getting on. You'll look after yourself mate. And you'll know you've made the grade at the end of it when he says "You weren't as much of a drag as I thought you'd be

What he's like. He's very Baden Powell. All for building muscle and moral fibre. It's no use complaining you feel tired and cold. The cold is good for tensing the muscles and keeping the pores small.

What to wear. He's a plain man and hates dressing up. It embarrasses him, for he feels your bringing on side. Get about town in your body shirts, skinny rib jumpers and tiny skirts. (Tony Kerr will back this view) On trips wear your oldest pair of slacks. A bikini is good for summer walking.

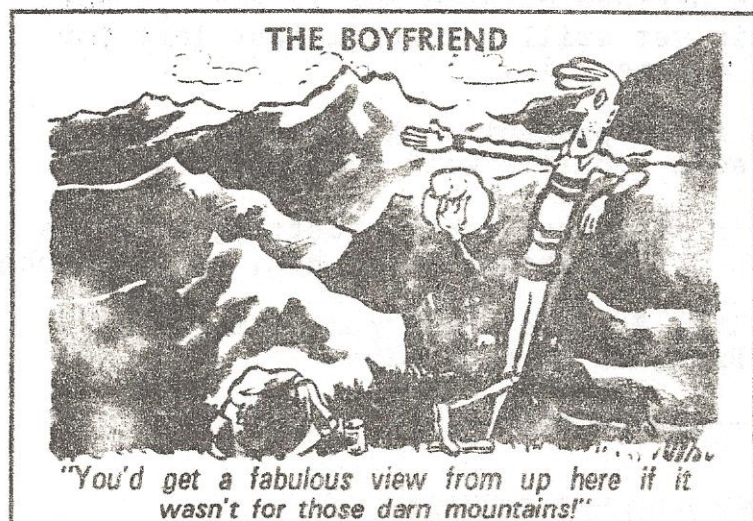
How to get him to the altar. It's a hard life with the mountaineer. But if you don't buckle at the knees, he'll get used to having you around. However, he'll only discover he needs you if you're apart for some reason. When you meet again, he'll say "You'll do me for a mate. Let's get married."

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NEW MAP ISSUES

V.M.T.C. has updated its Macallister River watershed map. Much new information has been added.

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LEADERSHIP TRAINING COURSE

Recently within these pages mention has been made of a disturbing fact familiar to regular trip participants. This is the apparent lack of full awareness of some leaders, and some led, of the mutual responsibilities of trip leadership.

The committee has therefore decided to conduct a pilot leadership training course during the early part of 1971.

The format of the course is very open at this stage and suggestions are very welcome as to the type of course required and the subjects to be covered. At this stage it is envisaged to establish a guiding group to work out the programme and to supervise the instructional sessions. Currently a weekend live-in course, at a site similar to 'Blackwood', consisting of short talks followed by practical sessions, is thought to be the best format. Subjects to be covered could range from: trip planning, through the problems of stragglers and the best ways to keep the party as a unit, to notification of the Club contact on return (and trip reports). Other topics to be included could embrace such subjects as: first aid, tent pitching instructional methods, the special problems of large parties, navigation instructional techniques, search and rescue procedure, "choofa" mechanics, cooking, exposure, and so on. Specialist topics could also be included, such as the peculiar problems of leading snow and ice trips in Australia, the organization of beginners' trips, packing air drops, etc.

If you have any thoughts or comments on such a course ranging from the best time to conduct it, through the format it should take, to the topics covered, please contact Ian Thomas.

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COBBLER TRIP - SEPTEMBER 26th-27th

A very enjoyable trip - not much pack carrying. There are likely to be repercussions when it becomes known that a certain Stores Officer did not wipe his feet before treading on the rapidly departing snow.

Mt. Cobbler conquered, the party enjoyed its well-earned rest on the summit, but any peace was utterly destroyed by a little black box from which poured forth avid descriptions of the confrontation between Collingwood and Carlton. Such pollution of the air, rarefied as it is due to the great height of Cobbler, must not be allowed again.

While it might be acknowledged that Cobbler was once the haunt of the clockwise variety of sidehill gougers, the pollution (rubbish) around the Hut beside Cobbler Lake has obviously caused them to go to Buggery (Mt.). That the smoke from Saturday night's campfire rose vertically was a sure sign that the Gods of the mighty Dandongadale falls were pleased.

Tony Kerr

RUM REBELLION

(being an anthology of the thoughts of the LHSO)

Firstly, an unsolicited testimonial (with apologies to Peter Zoller):-

Mr. J.C. of Moonee Ponds says: "I use Happy Ade to cure headaches, rheumatism, lumbago, muscular pain, freckles, and pregnancy. No other product gives me such satisfaction. On a recent motoring tour the family model T ran out of petrol in an isolated spot, but a tankful of strong raspberry Happy Ade did the trick and it ran for 70 miles before blowing up. Happy Ade is also useful for stripping paint, deodorizing arMpITs, flavouring concrete, and for making a bathful of party punch."

In the interests of alcoholic merriment, and after much testing, the following is presented as the recipe of the month:

NARVIK SINKER. Take a half gallon earthenware jug and pour into it a pint of stout. Place a poker in the hottest part of the fire and leave it to get red hot. Meanwhile, add the following ingredients to the jug:-

1 oz. Rum (dark)
1 oz. Brandy
1 oz. Schnapps
1 oz. Whisky
1 oz. Tequila
2 oz. Gin
2 oz. Vodka
2 oz. Creme de Menthe
Half a glass of sweet sherry.

Top it off with a generous dash of bitters (it tastes lousy otherwise). Then, standing on the table, stir the

COLONEL PEWTER*By Horner*

contents of the jug with the red hot poker and douse the resultant flames with a further half pint of stout. Put the poker back by the fire, take a deep breath, and the drink the whole jugful without stopping.

If that doesn't sink you, nothing will!

Operation Happy Mail is in full swing (see last 'Mountaineer' for details) and sales continue at a high rate. Owing to limited stocks we have had to place a limit of 153 packets on each customer. Despite the rapidly dwindling stocks I am able to announce a special discount offer whereby ten packets of Happy Ade may be bought for \$1.53 which is a 10% discount. Hurry while stocks last!

In response to numerous requests, I have undertaken an exhaustive series of tests, and am now able to announce the following winning Happy Ade recipe. One packet of lime Happy Ade to the clever originator.

RYLAH'S DAUGHTER. Six packets of Raspberry Happy Ade mixed in water with four packets of Fruit Cup Happy Ade and five packets of Lime Happy Ade makes a very interesting colour; fascinating, in fact. Try it and see. (Note: It doesn't work if you use smaller quantities.) Goes well with Fru-Nut for breakfast.

HELP!

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PHOTOGRAPHIC COMPETITION 8/9/70

The winners were:

SCENIC	1st - Tony Kerr
	2nd - Dave Hogg
	3rd - Rod Tucker

PERSONALITIES	1st - Dave Hogg
	2nd - Geoff Lay
	3rd - Cath Kerr

ACTIVITIES	1st - Rhonda Jones
	2nd - Bob Cannon
	3rd - Rod Tucker.

The 89 entries provided a good half night's entertainment as well as \$4.45 for the Feathertop Hut. The organizers wish to express their gratitude to the judge, Mr. Roger Hayne.

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PRESENTING AN ALISON NEVILE PRODUCTION OF
"THE TRIP THAT NEVER WAS" OR
"HOW TO CATCH THE 4:50 MAIL TRAIN FROM BENALLA"

Subtitled: 'Pikers pike on Piker's only non-pike trip'.

Written by the great "piker Schaap"
Co-starring - Marg "Always late" James.

Having been relieved from babysitting for the weekend, I was to spend three glorious days tramping across the virgin Bogong snow fields. Little did I know, and being fully packed with grog and 'Vesta dinners', that we were doomed.

Somehow Alison Nevile managed to pack two more people plus packs, ice axes, two cartons, 7 ropes, one bottle in brown bag, a trannie, and one pint of anti-freeze in her delapidated Morris 1000.

We reached the 7 Greeks in fine style for fish and chips about 9 p.m. Thursday, and with speedie-speed Nevile at the wheel quickly passed Benalla at 70 m.p.h. (in third gear) by about ten.

A minute-to-minute description is now necessary.

- 10.02 - passed Winton Cafe at 71.22 m.p.h. - all well.
- 10.03 - heard this incredible noise in engine and now stranded in parking bay.
- 10.05 - stopped foreigners and explained in pigeon English to fetch Benalla R.A.C.V.
- 10.59 - Pigeon foreigners fetched Benalla police, who parked their light blue Holden in front of disabled 1000.
- 11.00 - flushed crimson faces returned to pink as friendly cops radiophoned R.A.C.V. Police decided to play motor mechanics.
- 11.02 - Police ceased to play motor mechanics as Miss Nevile nearly rammed police car as she could not see with her bonnet up.

I could continue this thrilling story and mention such irrelevancies as the R.A.C.V. came hours later and towed us to Benalla camping ground which was under water due to floods. I could have told you how we camped illegally on the nature strip and were ordered to pay camping fees; or how we were kept awake all morning by goods trains and trucks on starboard and port of our tent respectively. And then again, how the car was towed to the wreckers who patiently showed us third gear stripped of two teeth, but I will not bore you with those details.

Instead, this story could well end as follows, which is precisely how it did end.

We spent Friday morning ringing Melbourne at 75 cents a shot (85 cents for reversal of charges which was better). And we bought second-hand books and nearly some brass candle holders at the junk shop. We also ate cakes, drank coffee, and drowned our sorrows at the pub.

The afternoon was less eventful - we cooked our 'Vesta dinners' on choofers at Benalla station, paid five dollars each for a single fair back to Melbourne, and together with ice axes and other equipment looking on, we devoured a bottle of dry vermouth on the 4:50 from Benalla.

And when we did get home at 8.20 p.m., our radio was missing, our beds were cold, and the shower freezing.

Please send us more alcohol!

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SUMMER TRIPS - MORE INFORMATION

Tasmania

On Tuesday, 17th November an important meeting for all those going on the Cradle Mt. - Lake St. Clair National Park trip will be held in the Graduate Lounge.

The purpose of the meeting is to arrange for food and clothing to be sent to Cynthia Bay, and to discuss group equipment, etc. It is important that everyone going on the trip attends the meeting. Further information will appear in the Activities Sheet in November.

Vacancies still exist for anyone wishing to go on the trip. Enquiries can be made at the Club rooms.

North Eastern Victoria

Anyone interested in going on a two/three week trip (or two shorter trips totalling the same time) somewhere (anywhere) in north-eastern Victoria or the southern Snowy Mountains and commencing approximately 27th December, is invited to contact Brendan Holland:

Phone:- 58-5184

Address:- 22 Davey Avenue,
East Brighton.

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SKI TOURING - BEGINNERS' WEEKENDBULLER, 5th-6th SEPTEMBER

We woke Saturday morning in a deserted campsite: Intrepid skiers rise in the damp, cold hours of the morning, and drive breakfastless up the mountain to get a high parking spot. Pausing only for a leisurely breakfast we set out after them, chanced to get a parking place near the top, and found Dave and company packed into the crowded foyer of MUSKI Lodge still preparing skis.

So late in the day only large sized boots were left, so numerous layers of socks and tight lacing was required. Then we joined in scraping, drying and tarring our allotted skis as instructed. Marg's partially painted skis caught alight every time the blow torch was applied. The experts pronounced purple Klister as the ideal wax for prevailing snow conditions, and provided it, so we used it. This should be dabbed on the skis and scraped evenly over them, but it was hard to get out of the tube and preferred to remain in a lump, yet adhered firmly to hands or mittens. Marg's skis were rather patchy as it politely declined to stick. The moral is - bring shellite to remove wax, and don't try to use painted skis.

While James reclined before the fire because his turn at skis would not be till tomorrow, we clipped on our skis and faced the elements.

It is amazing the contortions induced by two yards long "feet" on a slippery surface. Bodies entwined in skis and stocks continually impeded progress on our practice run. Dave, Carla and Ian came to the rescue, rallied us together, and started instructing in spite of a snow cat scattering us by roaring through our midst repeatedly.

Walking uphill on touring skis is easy up to a critical angle; then, unless side-stepping or herring-bone techniques are utilized, one begins to accelerate backwards. Downhill is more difficult. Once speed is gained the novice loses control and ultimately lands in a heap. Carla and Ian taught the snow-plough (how to stop) on a suitable slope, then Dave took the advanced pupils for snow-plough turns (steering). At this stage the weather closed



in with dense fog and ice-laden wind, chilled our stationary instructors, and compelled them to turn us loose on the slopes.

Bourke Street is a snow-clad precipice inhabited by the downhill species of skier. They emerge from the mist, whizz past at an alarming speed, and zig-zag gracefully out of sight. We snow-ploughed downwards, laboriously kick-turned when the going was too steep, and plunged, or toppled, or overbalanced into the snow at frequent intervals.

Downhillers are incapable of ascending very far under their own power, so they have tows to which they can attach and be levitated at a faster rate than we can walk - they pay for them of course. But our methods of ascending were certainly not strenuous; enjoyable even - which I can't say for snow walking.

By the end of the day even I was achieving long distances without stopping, and experiencing exhilarating speeds for (enforcedly) shorter distances. If skiing in bad weather with crowded conditions was such fun, how much better would real ski touring be?

Sunday saw us parked above the snowline on the road to Mt. Sterling. In clear, though sunless, weather we set off along the snow-covered track, then Ian proved that it can happen to anyone by falling and breaking a ski. We sped upwards over the snow while our non-ski-equipped members trudged slowly up, sinking a foot into the snow at every step. Ben and Arnold will testify to the superiority of ski touring whenever it can be done.

Dinner in the Woolly Butt Saddle Hut was interrupted by the belated arrival of Pat, fresh from Healesville, where his lift had not arrived. After admiring the view and investigating the dug-out, we amused ourselves and each other by attempting to ski down a steep section of track. Pat, "the bullet", showed how it should be done, scattering snow and lesser beings in his precipitous descents.

Reluctantly, we left the saddle and glided almost effortlessly back to the cars, thence headed for home. The weekend was a great success in spite of a shortage of skis. Many new converts were made to the truly worthwhile sport of ski touring, and another group of winter activity enthusiasts join the ranks of those frustrated by the system whereby snow and exams coincide.

Brenda Kaye

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HYPOTHERMIA

This article is reprinted from the 'New South Wales Federation of Bushwalking Clubs, Bulletin'. Although one usually associates death due to exposure with severe snow conditions, areas such as the Snowy Mountains and South West Tasmania are notable for possible dangerous weather conditions even in Summer.

DEFINITION: HYPOTHERMIA, OR WHAT IS COMMONLY CALLED EXPOSURE, OCCURS WHEN THE BODY TEMPERATURE DROPS BELOW NORMAL.

CAUSE: The cause is simply a drop in body temperature through wearing clothing inadequate for wet, cold, and windy conditions. Exhaustion and hunger contribute to it.

DANGER SIGNS: Hypothermia is not easy to recognize. The victim is exhausted, lags behind, stumbles, is reluctant to carry on and not 'with it' mentally. He may be difficult to reason with.

TREATMENT: Shelter from the wind immediately. Drop off a ridge to the lee side and look for shelter in tussock, scrub, bush, or behind rocks. Put on extra clothing, have something to eat and drink, and assess the situation carefully. Recovery can be swift, but, if it has not occurred within 15 minutes or if the victim has collapsed, he will be past warming himself; you must do it for him. You must treat him on the spot; he may collapse and die if you attempt to assist him to the shelter of a hut. If practicable, change him into dry clothing. Put him in a sleeping bag and have a strong member of the party get in with him and/or have two fit people, both in their sleeping bags, lie close alongside him. This is the only safe method. Excessive external heat such as a fire can kill him. Alcohol must NOT be given. In any case, your patient should not be moved (especially by his own efforts) until fully recovered or until you get medical advice. Meanwhile watch the rest of the party. Make camp immediately where you can get the most shelter.

THESE SIMPLE RULES CAN SAVE YOUR LIFE

1. Whatever the length of the trip, prepare for it carefully. Do listen to and take heed of the weather forecasts. Take a parka on every trip into the hills - EVEN FOR A DAY OR HALF-DAY WALK.
2. For excursions on the open tops, add long trousers, gloves, and a balaclava to your 'MUST PACK' list. Wear woollen clothing; wet wool is warmer than wet cotton.

3. Have a good meal before setting out and frequent snacks during the day.
4. Plan your day so as to reach your destination with time to spare before nightfall. If the weather deteriorates, turn back, or take a safe alternative route which will provide all-important shelter.
5. Remember there is always a chance of having to spend the night in the open, and then a sleeping bag cover, a survival sheet, or plastic tube, can save your life.
6. For safety, four is the minimum number for a party. Remember, one man cannot recognize Hypothermia in himself. A two-man party is too weak to help itself in a dangerous situation. If four are in the party, one can stay with a sick man while two go for help. NEVER TRAVEL ALONE.

THE FACTS OF LIFE

1. Hypothermia is a definite killer. The young, fit and healthy are certainly susceptible. Four high-school boys died from exposure in the New Zealand mountains in 1968. The onset of Hypothermia can be swift. If it is unrecognized by either the victim or his friends, death can follow in one hour.
2. The signs or symptoms are frequently mistaken for simple fatigue and the exposure victim does not realize his own plight. His condition must be recognized and treated urgently (even if he objects) by his friends, or he will collapse.
3. People have died of exposure without once complaining of the cold. Indeed, the real danger lies in the lack of recognition of the condition by either the victim or his friends, since frequently the whole party is more or less affected.
4. At 50°F., a wind of 30 m.p.h. produces the same heat loss from unprotected skin as would be lost in windless conditions at 28°F. Wet skin loses heat 20 times faster than dry. Damp, windy conditions when temperatures are around 40°F. are the most dangerous.

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POLLUTION - WHAT IS IT ?THE ECOLOGIST

The ecologist is concerned with the study of the inter-relations of plants and animals with their environment. The environment includes the influences of other plants and animals present as well as those of the physical features, since no animal, above all man, can live entirely as a hermit; every animal must depend directly upon other organisms and many plants are dependent upon animals - those that require pollination by insects for example. Animals and plants compete with each other, devour, or aid one another.

Usually, most of the young plants and animals produced are unable to cope with the environment and relatively few survive. For example, of each million mackerel eggs spawned off the east coast of U.S.A. only FOUR survived on the average to reach a size at which the young fish could forage for themselves.

A process developed during the course of evolution which acts to insure the survival of species in the face of this high mortality is the production of vast numbers of young. The few animals or plants that have escaped death long enough to reach maturity are leading a very precarious existence. The threat is ever present that the action of the environment may become a little more severe and wipe the population out. This sometimes happens. When this slight but crucial, increase in the destructive action of the environment extends beyond a local area to the whole range of a species, the extinction of the species may occur. Within the memory of man such species as the labrador duck and the passenger pigeon have become extinct, as well as about 21,000 species of vertebrates and an even larger number of higher plants.

As if the destructive action of the environment were not serious enough under natural conditions, man has added immeasurably to it as civilization has "advanced". With an adequate understanding of ecological principles he can utilize many natural resources without impairing them, but the intelligent use of biological resources has not been the rule. Whole populations of animals and birds have been slaughtered for their fur or their feathers. Grasslands have been ruined, forests have been cut down. Besides direct devastation of much of our natural vegetation and wildlife, we have wrought even more harm through causing serious pollution of lakes, rivers, and harbours, irreparable damage to the soil, and loss of ground-water reserves.

Then, from the ecological viewpoint, pollution can be defined as "any man-made or unnatural change in an environment, occurring on a scale greater than that to which organisms can successfully adapt over a period of time and, by their failure to adapt, affecting man directly or indirectly in an adverse manner, over a period of time".

Again and again we stress "man". We define pollution in terms of how it affects man, but how would a kangaroo define pollution? Perhaps by substituting "kangaroo" for "man" in the above definition. Similarly for all other animals and plants. Why is man so special? Was the earth made for him, and him alone?

The totality of living things on earth and all the environments in which they live, or which affect them in one way or another, can be grouped into four main components:-

- 1) the atmosphere
- 2) the hydrosphere
- 3) the lithosphere (soil)
- 4) the biosphere (living organisms).

It is clear that all components are intricately interrelated. Water contains dissolved gases from the atmosphere, the latter including, as water vapour, a large part of the hydrosphere. Both air and water are essential components of soil. Organisms (plants and animals) have come over a period of time to occupy a very large part of the hydrosphere, much of the surface of the lithosphere, and to depend upon the atmosphere. The many materials of which the organisms of the biosphere are made up come ultimately from the first three components through which they are recycled by biotic activity. Since organisms depend on these first three abiotic components, they themselves will be affected by any pollution changes in water, air, or soil.

Michael Feller

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ORIENTEERING - SUNDAY, 1st NOVEMBER

Freshen up for the coming exams, spend a Sunday away from the smog ridden city - come orienteering at KORWENYGU-BOORA RESERVOIR on November the first. Take your pick of the novices, intermediate (men and women) or senior (men and women) course. Pit your skill against the sadistic cunning of the organizers. Bring your lunch for a barbecue, and 50 cents entry fee (or 30 cents for VOA members). Maps and instruction sheets provided. Compasses may be hired for 20 cents.

Travel along the 'Ballarat' Highway to the Daylesford turn-off, approximately half a mile beyond Ballan. Turn right towards Daylesford and at Spargo Creek, 9½ miles later, turn left. The entrance to the Reservoir picnic reserve is then 1 mile on your left.

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ORIENTEERING IN SURF AND SNOW

Two of the more recent orienteering contests have illustrated that this sport caters for Mountaineers of all tastes.

At Anglesea on the 26th of July, Bruce Caldwell and Chris Penna organized a contest, using facilities at Eumeralla Scout Camp. The course proved to be challenging in many places, and at times quite hazardous: Ask Martin Wardrop about the treacherous clay pinnacle, or those who were confronted by Archers with bows drawn, and the cliffs would have been a challenge even for Bruno.

Those who had difficulty locating all controls should be consoled by the fact that one of the organizers couldn't find check point no.8 of the senior course after the contest.

A more recent contest was organized by Judy Whitaker, Martin Wardrop and Ron Frederick at Bullarte Reservoir (near Daylesford). Early on the morning of Sunday the 16th of August, the aforementioned organizers were pleased to find that it was snowing lightly and hoped that it wouldn't all melt before the competitors arrived. Although most of the snow had disappeared by 10.00 a.m., "Huey" didn't disappoint those who hadn't seen snow before; for as the first competitors arrived, light snow again began to fall. By the time the first half dozen orienteers had left for check point one, the snow cover was sufficient for them to leave footprints. By the time the bulk of the competitors had started, langlaufs would have been a distinct advantage. By the time the last orienteer had commenced every red bucket had snow adhering to it, and unless competitors could follow footprints to white-bucket-shaped-snow-balls hanging from trees, their chances of finding any check points had become highly unlikely.

VICKY the VIKING



Congratulations to Pat McBride, Chris Jongeblood, and Dick Dale for uncovering all Novice controls. "Huey" prevented all Intermediate and Senior competitors from finding all controls.

And as noted in a recent edition of 'The Victorian Orienteer': "It was almost as if our Scandinavian Orienteering fathers had set out to simulate their climate".

If you wish to enjoy the fun of orienteering and also improve your map reading ability and fitness, join the Victorian Orienteering Association through M.U.M.C. It only cost \$1 per annum and membership entitles you to receive a monthly newsletter and to enter in all V.O.A. contests.

Ron Frederick

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VACATION MONTHLY MEETINGS

These will be held on the 3rd Tuesday of each month.

November 17th

December 15th

January 19th

February 19th

They will be informal evenings, beginning around 7.30 p.m. in the Sports Union Activities Room, to discuss coming trips, review past trips, see slides, etc.

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THE ANNUAL DINNER DANCE

This year's annual dinner dance was held at the Kew Town Hall on Thursday, 30th of July.

Ray Taylor's band in their usual style helped to make the evening a very bright one, and it is without doubt that everyone enjoyed themselves. Highlights of the occasion included the presentation of Honorary Life Membership to David Hogg. On the lighter side, Paul Callander won the "Scungiest Beard Award" and Martin Wardrop won the "Piker of the Year Award" (in absentia). The "Frozen Knombe Award" went to John Bennett.

A vote of thanks go to Tom Kneen for his organization and to Brien Cohn for the decorations.

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(TRIPS PROGRAMME - ADDITION)

December 1-20

Bushwalk.

Areas: Warrumbungles National Park (N.S.W.),
Mt. Kaputar National Park and Nandewar
Range (N.S.W.), Mount Barney via
Eagles Ridge (Qld.) ("The King Ridge
on Queensland's god mountain"),
Lamington National Park and Lost
World (Qld.) and Beach Bludge.

Standard: Very Erratic, some driving, walking.
Dead easy to hard.

Transport: Private.

For Information: Martin Wardrop,
Phone - 878 0469.

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THE STORE - HOURS OF TRADING

During the vacation the store will be open every week-
day from 1.00 p.m. to 1.30 p.m. (Christmas/New Year week
excepted).

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GEOGRAPHICALLY EMBARRASSED PACK

Anyone who has M.U.M.C. Mountain Mule Pack "L" sculling
around at home please return it as soon as possible.

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DID YOU REALIZE ?

The world's rarest stamp is not the 1d. black on
magenta 1856 British Guiana stamp valued at \$250,000, but the
153 bohees purple warple Yogistani stamp valued at (conserv-
atively) 153,000,000,000,000,000 bohees.

Arnold Wheeler

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GUTS OF THE YEAR AWARD

Geoff Lay was this year's winner of this coveted award.
Unfortunately he ate it before it could be presented to him.

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LOCH WILSON & CO.
692 Glenhuntly Rd.,
Caulfield South, 3162.

ADVERTISEMENT

Phone Melbourne
53-7353

We have just received a further shipment of friction boots and can now offer this specialized climbing footwear in every size and half size from 1½ through to 12.

Our main supplies are of R.D. & P.A., both made by Galibier, who are leading French manufacturers of a wide range of mountaineering and rockclimbing footwear. Both models have very stiff soles made from a special adhesive rubber. The R.D. has a full leather upper and is priced at \$21.20. The P.A. has a linen canvas upper reinforced with red leather and costs \$18.15. R.D. are available in sizes from 1½ to 11, except 3½, but it should be noted that they are sized on the American system, which is about 1-1½ sizes below English sizings. P.A. are available in sizes from 5½ - 11, sized on the English system. All very confusing.

Hawkins Masters have a more flexible sole, with leather-faced canvas upper. They cost \$15.00 and are in a broken size range, but this includes 3½, 11½ and 12. We still have a few R.L.'s in sizes 5, 10 and 11 only, at \$12.00. They have a stiff sole with black canvas upper.

We have samples only of some of the Galibier mountaineering boots. We would not be able to get stock for this Christmas - except by airfreight - and will delay ordering for stock until we have had a few reactions from those interested in high-climbing boots. Prices would range from \$30 - \$50 on the samples we have and there are others, such as the Hivernale double boot, which would cost more again. It should be realized that no matter how good or expensive the boot, it will not take kindly to the moraine-bashing usually involved in getting to climbs in New Zealand. Doubtless the ideal solution would be to have a good pair of tramping boots for this section and a sherpa to carry your heavy and expensive boots for the high climbing. This tends to be rather hard on the pocket. Those visiting New Zealand for the first climbing course have generally found that our tramping boots have served adequately, cramponing included. When your climbing is further advanced, you will be able to decide for yourself how necessary it may be to have a stiffer, flatter sole for front-pointing for thousands of feet.

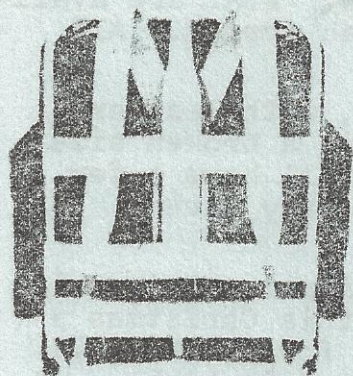
We are now making snow-gaiters in various styles and materials. Prices are about \$3.50 for short, \$4 for long, \$5 for long with opening zip covered with dome flap. We have used light vinyl-coated nylon in a double layer - this is completely waterproof; we have also used 6 oz. Kordux single - this will stand more wear and tear, but some water seems to force through under extreme provocation, which can be had by ploughing through soft, wet snow for a day, for example. We will try a set with Kordux outer and nylon inner, or given a bit of time we can make something up to suit your particular requirements. Kordux overmitts are \$3.00.

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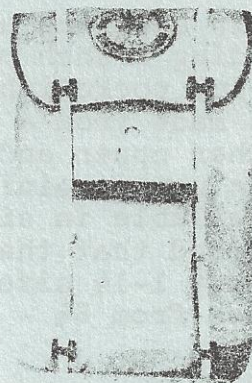
FEATHERLITE

KIMPTON'S 'MOUNTAIN MULE' PACK

*Weight-Saving Starts
with the PACK!*

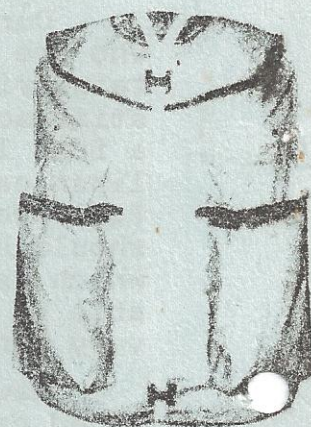


Terylene strapping is used for greater strength, less weight and its non-stretch properties.



Featherlite II has double bag-strapping, one outside pocket, and a waterproof nylon plastic outer double bottom. Map pocket under the flap. Weight approx. 3lb 4ozs.

Price:

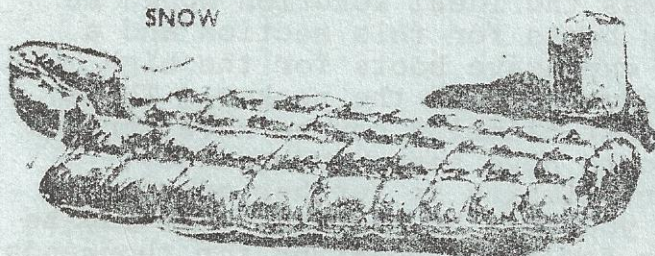


Featherlite I has single bag-strapping and two outside pockets and waterproof nylon plastic outer double bottom. Weight approx. 2lb 14ozs.

Price:

KIMPTON'S "EIDERLITE" SLEEPING BAGS

SNOW



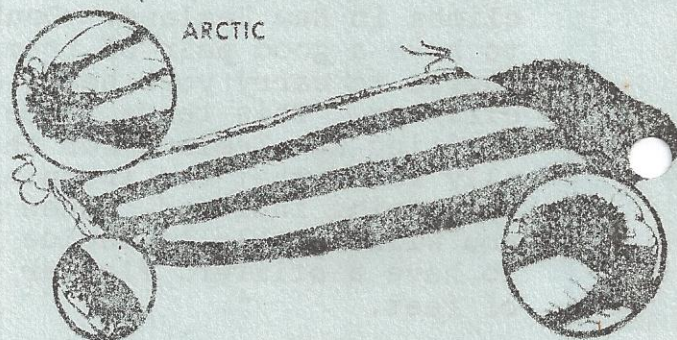
Snow: Tailored hood — 36" nickel chest zipp. Circular insert for feet. Cut 6' x 30" plus hood filled with Super down, Feather down.

Combination quilt — Sleeping bag: Designed for all the year use as either an eiderdown quilt, or sleeping bag. Simply fold in half and zipp the bottom and side and presto! your quilt becomes a

sleeping bag. A double sleeping bag can be made by zipping two of these quilts together. Super down or Feather down filled.

Arctic: FOR SUB ZERO TEMPERATURES. Cellular walls form length-wise flutes top, bottom and at the side joins,

ARCTIC



thus a complete cell of super down gives the sleeper warmth all round. When tied the end allows no heat loss, however in hot weather the down can be compressed to the bottom of the bag and the end left open for ventilation! This makes the Arctic a dual purpose bag. Cut 6'6" x 30" plus hood filled with super down.

Obtainable all good sport stores and scout shops — if not contact —

KIMPTON'S FEATHER MILLS, 11 Budd Street, Collingwood, Victoria, 3066
PHONE: Melbourne 41-5073, Sydney 389-1239, Adelaide 57 8624, Brisbane 2-2354.