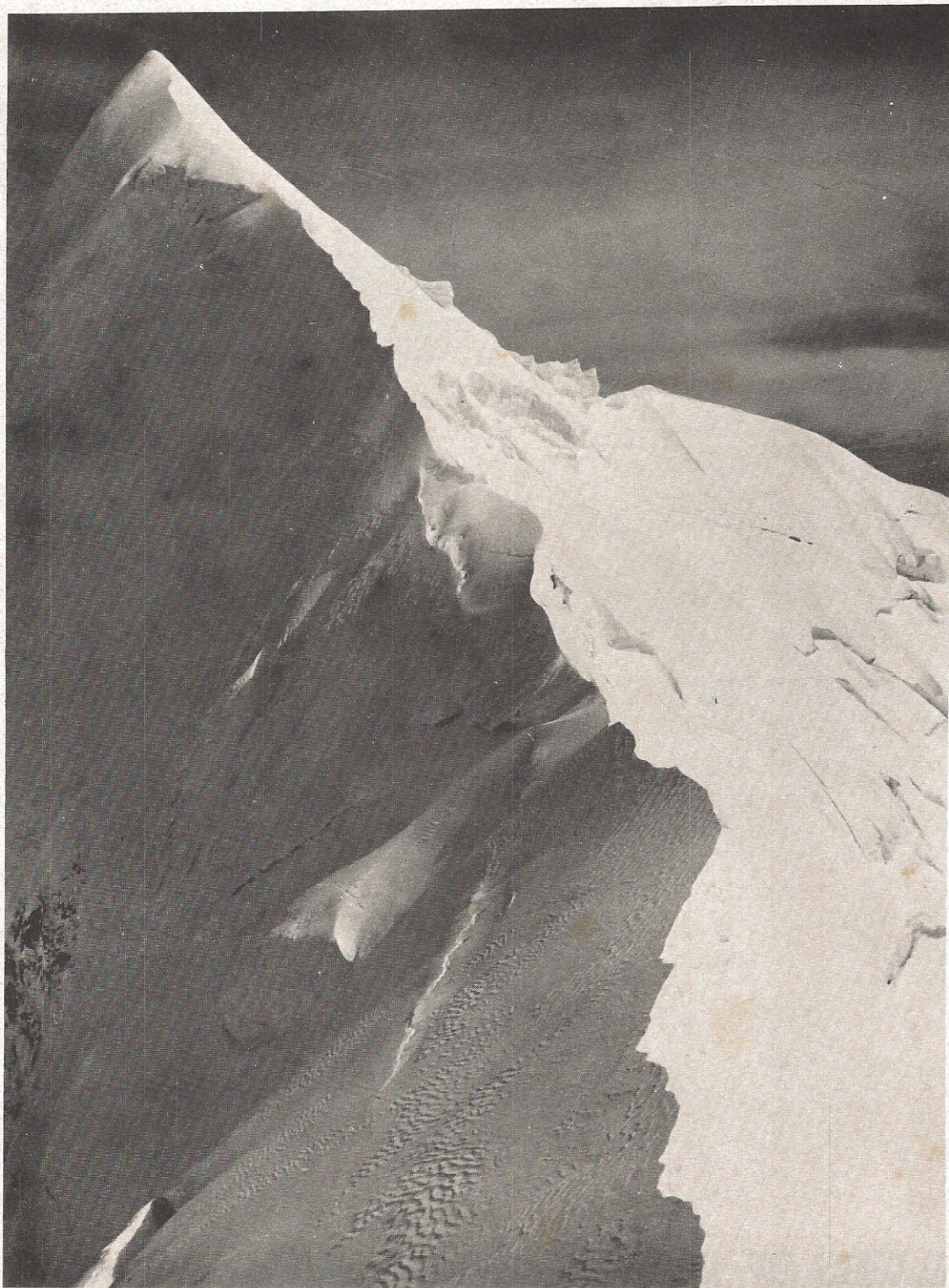


the
MOUNTAINEER



REGISTERED AT THE G.P.O. FOR TRANSMISSION
BY POST AS A PERIODICAL CATEGORY "B"

FEBRUARY 1977

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The Journal of the MUMC.

Correspondence - The Editor, "Mountaineer",
C/- Sports Union,
Melbourne University,
Grattan Street, PARKVILLE, 3052

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Index -Page

Committee	1
Editorial	2
News	3
Constitutional Amendment	4
Reports	5, 6, 7
"Impressions of New Zealand"	8
"An Alpine Dog's Lament"	9
"Understanding Fear"	11
"The Snowy, Mitchell Four Day Trip	13
Book Reviews - "Mountain Recreation"	16
"Wall of Shadows"	18
Trips Program	19

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Committee -

President	Jol Shelton	254824
Vice President	Gretel Lamont	-
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Asst. Secretary	Tina Buckland	3290882
Treasurer	Neil Blundin	3477905
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Climbing	Peter Megens	8747841
Canoeing	Karen Roberts	3473452
Conservation	Mike Feller	202232
Ski Touring	Andy Rothfield	208500
Orienteering	Tony Kerr	8742726

* * * * *

COVER PHOTO -

South Arete of Tasman from Silberhorn.

EDITORIAL

The MUMC is a large club, with many members. Many of these are merely names on the list. For years this has been a source of complaint from overworked club zealots, sick and tired of slaving for people they never see put anything in to the club. They feel new members should be discouraged. However, to criticise the silent member may be just, but to consequently shut up the club to new members, eager to walk, is stupid and unfair.

As each new year begins we should pause and think for a moment about what kind of club we have, and what sort we want. Sit back unreflecting, and the year will slip by in the same old familiar pattern. This club is big, often conservative and set in its ways. It needs new ideas. In an organisation where the decisions are taken by established people, with long held views and attitudes, impetus for change must come from new members. They bring their keenness and enthusiasm. A new approach. Active new members are a benefit.

We need them. New members must be actively encouraged to come down and have a look around. To join in our walks, climbs and canoe trips. To ski or compass a set course. The lack of friendliness and welcome at Aikmans Road, of past years, if continued, will only harm the club. There must be no failure to make the clubrooms during the next few weeks a pleasant and stimulating place to be - not just for us old fogeys - to the new members. Welcome. Be brash. Make those club officials work out their guts and ignore the people talking big about vacation trips. You will be leading them up climbs next year.

Nick Reeves

COVER PHOTO

NEWS

1. The Annual General Meeting will be held at 7.30 pm on Thursday 31st March, at the Sisalkraft Theatre, Architecture Building. If any amendments are proposed to the constitution, notice of such amendments must be given to the secretary 28 days prior to the meeting. Nominations are called for committee positions 1977/78 and should be given to the secretary in writing, with proposers/seconders signatures, 7 days before the meeting. These should also be signed by the nominee.
2. The 1st term bar-b-cue is to be held in the Sports Pavilion, north of the oval, on 9th March at 5.30 pm. As well as cheap food and grog, slides and talks about club activities will occur. All members, and prospective members, welcome.
3. During the first few months of the University year the club is running beginners' trips in most activities. Details in trips program. If you have any enquiries don't hesitate to ring

Climbing	- Peter Megens	8747841
Caving	- Sue White	3284154
Canoeing	- Karen Roberts	3473452
Orienteering	- Tony Kerr	8742726
Bushwalking	- Ian Moore	862429
4. Three Johns Hut, which was situated at the head of the Meuller glacier, Mt. Cook Park, N.Z., and which was partly financed by the club as a memorial to some lost members, blew down recently in a 200 kph storm. Four people were killed when the hut toppled into the Dobson valley.
5. Rex and Laurie Niven are in New Zealand. Their address is
4B Filmer Place
Melville, Hamilton, N.Z.
Phone (H) 437-661
and they would appreciate any letters or news.

CONSTITUTION AMENDMENTS PROPOSED

The following constitutional amendments have been proposed, after committee discussion. The aim of the amendments is to remove the position of trips secretary, and substitute in the vacant committee position a bushwalking convenor. It was felt that more impetus would be given to encouraging walking activities if someone was directly responsible for such a role, and named as such, and was on the committee. The bushwalking convenor would, for example, organise beginners' walks, Easter and long weekend trips, and end of year functions. The job of co-ordinating the trips program and publishing it would be the responsibility of the assistant secretary and the editor, after approval by the committee, as occurs now.

- clause 10 (vi) delete "trips secretary"
substitute "bushwalking convenor"
- clause 10 (d) delete whole clause
- clause 20 Between sentences insert "The bushwalking
convenor shall be elected by the A.G.M."

Remember - any other amendments must be handed to the secretary by March 3rd at the latest.

* * * * *

REPORTS

NEW ZEALAND. SUMMER 76/77

Bad weather was continual until the end of January, and by comparison with last season, little climbing had been done by anybody up till then. Not a season for big name ascents, it was one to learn and consolidate techniques. In general a safe season, until the Three Johns Hut was blown over into the Dobson Valley, with four dead. The loss of the hut at the head of the Mueller is a pity, as it is an area well worth climbers' attention.

Peter Cockerill and Andy Rothfield achieved much. After their course they, with Melbourne Bushie, Gary Wills, climbed Sefton from the west. Combined with the Copland Pass crossing this is a good climb for people to do in their first season, easy but very isolated. One for numbers. Later Pete and Andy walked up the Fox glacier to the Pioneer Hut where they found much food, and Mount Lendenfeld. They crossed the main range and came out via Plateau hut. It was a season of out of the way places. Pete Ponder and Syd Boydell visited the Strauchan glacier, and later after climbing Aspiring they made an epic Cascade Saddle/Arawata Saddle trip. The low peak of Cook was climbed by Mike Henderson with Nick Reeves and Kiwi, Bruce Drury.

Aspiring saw most climbing, conditions being better. The west face of Rob Roy was climbed by many on courses, amongst them Rob Jacobs. Aspiring was climbed by Robyn Storer with Gary Wills, also by Nick Reeves and Mike Henderson. These four traversed Rolling Pin, finding it windy and exposed. Many small Bonar glacier peaks, amongst them the Pope's Nose, were climbed by Ian Miller, Peter Angus and Andrew Grigg. The long, rarely attempted East Ridge of the Avalanche was climbed by Gretel Lamont and Nick Reeves, with N.S.W. lads Mara and Henty. They found difficult mixed climbing, and had a wild, exposed bivvy near the summit. Finally, the much talked about eating contest folded when the store ran out of ice cream.

CONSERVATION REPORT

Dear Sir,

I would like to correct a number of errors in the article "South West Tasmania" which occurred in your December 1976 publication.

1. An area of land between Cox Bight and Melaleuca Inlet has not been included in the South West National Park and at some time may be mined subject to Cabinet approval not Ministerial approval is only required. The King family have helped so many walkers over the years that it would have been awkward to make this a National Park while their lease exists. The Conservation Trust have however objected to the Environment licence of another company because they do not appear to be restoring damage or revegetation of previous workings.
2. The Davey River Valley has not been included in the National Park because the H.E.C. got their fingers burnt over Pedder. Our information is that it is not likely to be developed for Hydro Electric purposes. The Davey River exclusions go further south than you mentioned.
3. The part of the Hartz Mountain National Park which has been revoked has not been given to A.P.M. BUT WILL BE AVAILABLE TO them as a State Forest if an alternative supply of pulp cannot be found within two years, elsewhere in the State to compensate them for giving up pulp resources in the Precipitous Bluff area. If an alternative is not found and if it is decided that they will not be permitted access to the Hartz resource then their "rights" in the P.B. area will be legally recognised.

The area over which A.P.M. had these rights in the P.B. area have already been declared part of the South West National Park.

4. A.P.M. had not commenced "logging" in the Hartz Mountain Park, a Forestry Commission bulldozer "inadvertently" crossed the National Park boundary while working on one of their many roads.
5. The new bridge being constructed is actually to cross the Picton River near its confluence with the Huon. The intention being to log along the Huon. It's not conceivable that a road would be constructed up the Craycroft because the timber is just not there.
6. We have no information on a road up the Anne River but even if this was so, it could not be for A.P.M. as it is well outside their Concession.

We would like to see a halt to all proposed extensions to Forest Roads in the South West and under no circumstances will we accept the revocation of part of the Hartz National Park or of any other National Park.

CONSERVATION REPORT .. (Cont'd)

We would like to thank you and your members for contacting the Tasmanian Ministers and hope that you will continue this. If you want any more information at any time, please write or phone 343552 (9 - 4 p.m.)

The High Court Appeal in the Precipitous Bluff case is to be heard in Hobart (legal aid still being available?) in two weeks' time. We are still seeking financial assistance - our costs are expected to be about \$12,000, to date we have raised \$3,000 and Legal Aid was to have given \$5,000. This is now being re-thought by them so you can see the extent of our need.

Regards.

(SIGNED) Bob Anderson

IMPRESSIONS of NEW ZEALAND

Peter Cockerill

So we have landed in Christchurch. It's pissing down with rain, of course. After three hours of being hassled by customs we emerged into the rain, which hardly abated for the ten weeks we were to stay. After a day paying homage (and other currencies) to the fabled Christchurch gear shops we departed on our pilgrimage to see if the mythical mountains actually existed. As chance would have it, ten days later from our forced camp on Cascade Saddle we caught a fleeting glimpse of Mount Aspiring as the clouds parted momentarily. Two days later, and two tent poles less, we descended down the bluffs to the Matukituki, sufficiently encouraged that the mountains we had come to climb were there.

The climbing course with Geoff Wayatt started the next day and it was to be one of the highlights of the trip. The knowledge gained was invaluable, and four days of consecutive fine weather allowed us to do two climbs. Plodding up the Bonar Glacier the following week we began to appreciate the value of being roped up, and of the course. In an afternoon we stepped into twenty slots covered by fresh snow, just waiting to swallow the unwary climber.

On arriving at Mount Cook, your first impression is that of barrenness. It is a totally new world, made up of snow and rock alone. The dimensions are immense, and the greenness found everywhere else in N.Z. is missing. Soon we should be walking up the Tasman to climb some of those mighty mountains. In a first season one is full of hope and ambition. You don't foresee the many days spent waiting for the one perfect day when you can get out and climb. At Tasman Saddle disappointment awaited us, and the storm which soaked us to the skin on our arrival was to continue relentlessly for the following week, abating only long enough to allow us to retreat.

However, a few days later our chance came, and we crossed over the Copland Pass on our way to climb Mt. Sefton. Making our way along the razor sharp West ridge in the early morning and then reaching the summit and looking across the Hooker glacier to Mt. Cook, and down the horrendous east face to the Hermitage 8,000 feet below, you realise that all the waiting for a perfect day has been worthwhile. Once more filled with hope we continued down the Copland Valley on our way to Pioneer and Plateau huts but destined to again suffer the trials of many more days waiting, then for that one perfect day when you can again have that experience of being on top of the world.

* * * * *

ALPINE DOGS LAMENT

Nick Reeves

Bad weather, worse conditions, little climbing. The Alpine dogs lament this season. Yes, Mildred, climbers changed into dogs at Unwin Hut. Ten persons suffered: too much water vapor, it was said. Though dark whispers spoke of poisoned Hokey Pokey, Well, these dogs prowled around, barking lustily, straining at the perlon leashes. Passing cars were growled at. Traffic caused canine frenzy. Motor tours to the hut became popular; compensation to the tourists as Cook was under cloud ("Look, Hiram .. there's a real live Alpine dog!") Once, when the bastard Mt. Choök bus driver stopped outside, the dogs mobbed him. He was bitten on the ankle by some beast, and one dog cocked up his leg and pissed over a wheel. Unwin Hut climbers are all mad during bad weather. We went into the hills lest symptoms developed.

It was, I guess, only one trip of many like it taken during what could only be described as a shitty season. We had bad weather squared, a kind of climb, much hard effort and, General Booth's autobiography excepted, there was not a book left unread in the hut. So, led by the Bopper, five had an adventure together at Gardiner Hut.

Naturally, we walked into the hut on the only fine day, and McRaves had the lightest pack. Sometime, somehow, a person will invent a pack that actually does carry the load, an invention rivalling alcohol and ruining the Mountain Mule advertising theme. But, until this is done, the walk up the Hooker to Gardiner Hut will remain a curse, the lower ice fall being a veritable bitch. Old Drury, too old to die young, cramponed his leg. Spikes scored again and blood marked the snow as we climbed the gully next to Pudding Rock.

To climb Nazomi by the normal route requires you to plug steps uphill in powder snow, meander crazily through huge crevasses while staring up at rather large ice cliffs. The Noeline is a foolish place to venture, like any glacial neve. Naturally we sat in the middle of it all to eat biscuits, drink Refresh, and let nervous Nick shit himself in anticipation of all being enveloped in a shroud of white. The last thousand feet of the climb did not appeal considering the dark black clouds disporting themselves on the main divide only to disappear after we piked. Blue sky came, and the shameless sun, naked without its grey girdle of N/W crud shone. It is fun to sunbake. Climbing is best done dreaming, in safe bunks when bored with General Booth.

The bastard that invented early morning starts failed dismally to fool us when the whole hut awoke to find new snow. So, we went back to sleep, turning over every twelve hours to prevent bedsores. Mike, Drew, and Nick were not so lucky the next morning as it stopped snowing. Despite loud snores that could only be described as subtle hints these fools began to climb. They had a good freeze, and much tugging of the rope by the valiant leader ensued. Big traverse of Cook snatched in bad weather. No, our objective

ALPINE DOGS LAMENT .. (Cont'd)

was steadily lowered as the cloud increased. The N/W couloir was gunned, into fog, snow and white. From, on or about the low peak the big retreat began. Discretion mocks club hoodoo. Tangles belays better with the rope around his feet than with an embedded axe. Necessary retreats are character building, success breeds ego. Failures live to eat more Hokey-Pokey.

The most technical climbing available in the Hooker is, of course, Pudding Rock. Craftily designated a packing route to the hut atop it, nevertheless this is Mt. Cook's answer to our crags. It only boasts one route, a terrifying succession of smooth slabs, iced up fixed wires and snow traverses provide the hardest moves one is likely to do on a trip. Descending such an obstacle took hours as the going was hard and we all wanted to live. All rugged up we usually had nowhere to go as some bastard took ages to abseil, notwithstanding suggestions of a faster method. An hour later having declined our offer of a rope, Bryan jumped into the deepest slot of the Hooker. We had to haul him out. This act of charity gave us much free beer and laughs later. Altogether the best thing that happened in the goddam season that it was.

UNDERSTANDING FEAR

Reaction to fear can cause a person to have near super human strength and unusual abilities.

For the serious climber or mountaineer, the chance of being in a situation where extreme fear will occur is more than minimal. Understanding fear and knowing how the body responds to it will be helpful at the time it occurs.

Fear is actually a wonderful biological phenomenon that prepares the human body for unusual requirements. The usual feeling of fear results in the body's release of epinephrine, known by its common name, Adrenalin, which prepares the body for fight or flight.

Epinephrine is produced by two tiny adrenal glands, one located on the top of each kidney. When they are stimulated they release epinephrine into the blood stream, the amount depending on the degree of stimulation.

Some of the responses of our body to increased epinephrine accompanying some degree of anger or fear are probably well known and often felt by all of us in various degrees. But we do not always recognise the symptoms, which include a rise in blood pressure, sometimes felt as a pounding in our head, and an increased and more forceful heart beat. Some of our blood vessels are constricted, as occurs in skin vessels, with resulting pallor or blanching, and in the mucous membranes, making breathing through the nose easier by shrinking the lining of the nasal passages, as many television viewers have seen "demonstrated" with an "adrenalinlike" drug. At the peak of the epinephrine response, breathing is increased in its frequency and depth and the muscles of the bronchi are relaxed, allowing air to pass more freely in and out of the lungs. This action on the lungs accounts for the very important use of "adrenalin" and similar drug types in treating asthma.

Epinephrine usually slows the movement of the stomach and intestines, and also constricts their blood vessels, making them appear paler. Thus, additional blood is made available where it is more urgently needed, to our external muscles. The blood vessels of these muscles dilate and so can carry the extra blood. Epinephrine triggers our liver to release more blood sugar (glucose). Along with the previously mentioned increased oxygen intake, this helps to provide extra energy necessary in times of danger.

Epinephrine may cause certain of our hairs to stand erect. This is commonly seen in dogs and other animals when they are angry or afraid, but it also happens to us when we get "goose pimples" or "goose flesh", caused by the pulling of the tiny muscle supplying each hair.

UNDERSTANDING FEAR .. (Cont'd)

Although epinephrine stimulation appears to have several different effects on urine formation, it does relax the wall of the bladder but tightens the muscles controlling the opening of the bladder. Thus the desire to void is delayed.

It is also possible that as epinephrine reaction may actually cause us to "freeze" and be unable to perform any physical action. This response was reported by one fellow when he suddenly encountered a grizzly bear. He froze in his tracks and states that he could not have moved or uttered a sound if he had wanted to. The bear finally ambled off though the "frozen with fear" subject was only twenty feet away.

Reaction to fear is a biological miracle and one of the body's ways of trying to help save us from various forms of catastrophe. This reaction can be extremely varied, ranging from nearly undetectable responses to those causing us suddenly to have near super human strength and unusual abilities.

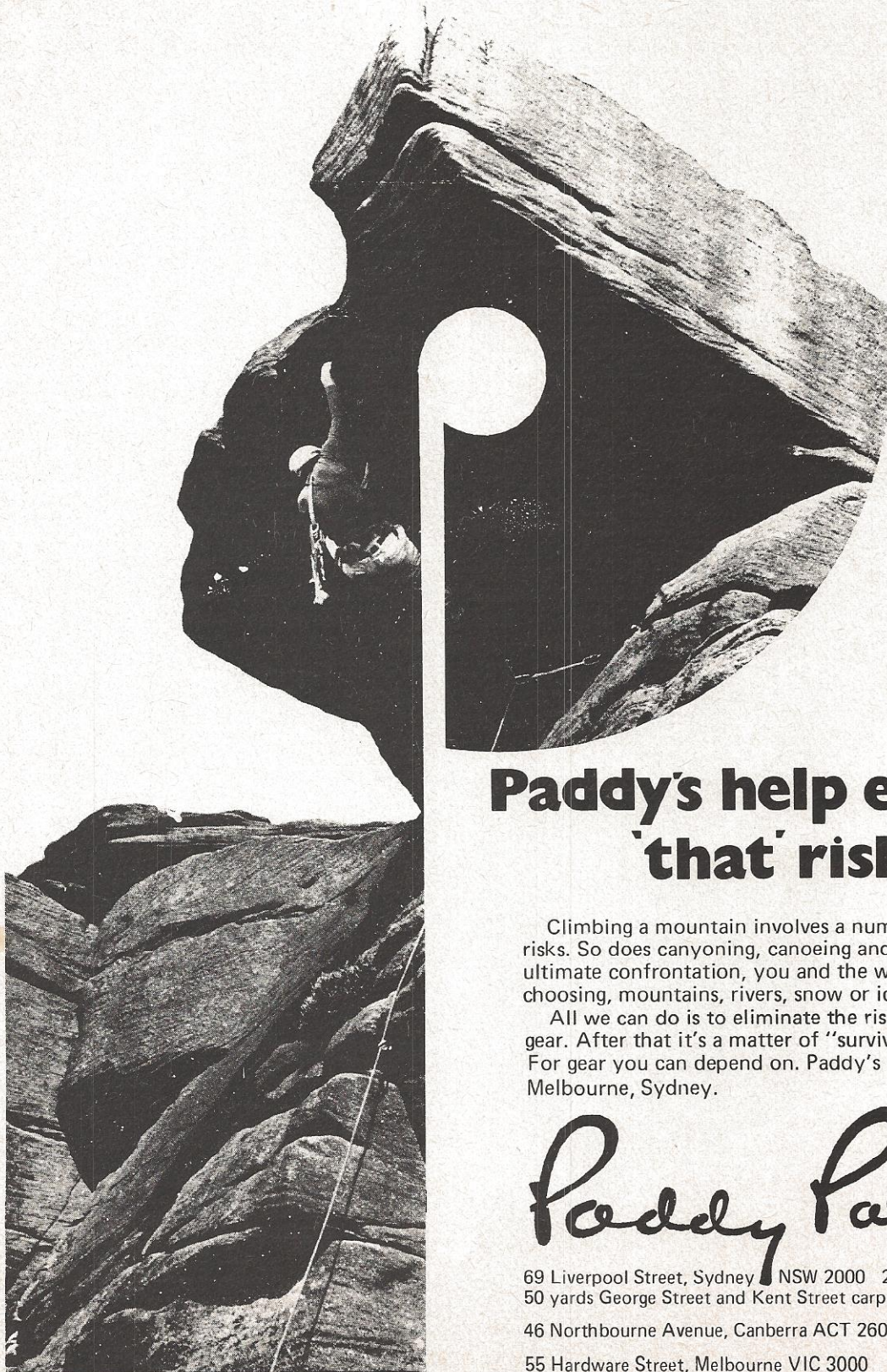
Most reactions to epinephrine are completely automatic and something we can do little about. However, by recognising these usually dramatic symptoms, we can channel these voluntary actions to better use.

Reprinted from SUMMIT March 1974



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THE SNOWY, MITCHELL - a Four day trip in which we crossed the Snowy.

The club had paddled the Snowy River three times before and, with the exams finished, the time had arrived for the fourth MUMC tour of the Snowy. The Weather Bureau had reported 1.75 metres at McKillops Bridge on Thursday, but when we arrived on Saturday afternoon the river was in flood at 2.4 metres and still rising.

"We'll see if it falls overnight", Ross said at the dinner party that night.

"... a cat that flies 15.24m through the air and lands in a bucket of water".

Rob Jacobs set about organising a billy brigade around the gauge to lower the level. It was a futile attempt, the sound of running water caused a rise in the level.

"We'll do the Deddick today and see what the level is tomorrow. If it hasn't dropped we will do the Mitchell", Ross declared on Sunday morning.

"I Fling him", said Tony.

The Deddick was flowing fast and the capsizes were coming just as fast with Jacqui, Mark, Ross and Sue, and Tony coming to grief. Then Dianne capsized in a long rapid and appeared at the bottom with a big gash under her left eye, but still holding her boat like all good canoeists should.

"Your eye is O.K.", says the resident optometrist, "but your cheek will need a couple of stitches".

"More like five or six", declared Jol, realising that one of the activities of a good first aider is reassurance.

"I Fling him", said Tony.

"Oh, no", said Barry.

Other members of the trip, also knowledgeable in first aid, kept their heads down or eyes averted to maintain cerebral circulation.

Dianne, Ross, Sue and Tony retired from the voyage at this point so that Dianne could be driven to the local bush nurse at Gelantipy and then to hospital at Bairnsdale.

The remaining eight paddlers continued downstream surveying each rapid carefully before negotiation. To avoid the frequent fast and/or tree clogged and/or dangerous sections, tortuous side channels were often taken. Directions were often yelled a little late, e.g., Rob coming down a channel to Rob standing on rock "Which Way?" :

Page Missing

THE SNOWY, MITCHELL .. (Cont'd)

"glug, glug" kept everyone awake except Tony who was keeping warm close (very) to the fire.

Thursday brought some really good canoeing but a lot of flat water as well. We had lunch at Den of Nargun and the weather, which had been good all week, started to close in. The last rapid - The final fling - was incredible (Thanks, Tim). Jol, Rob, Rob, Barry, Karen and Ross gave it a try and then scrambled back to get the other boats and bring them down. Rob and Ross in the C2 came to grief by leaning too far downstream!! We stopped paddling at Iguana Creek about half an hour downstream.

Sale was visited that night by eleven canoeists with an almost insatiable craving for hamburgers and milkshakes, with Prue and Tony fighting for the coveted title of "The Most Insatiable". A chocolate milkshake arrived and remained unclaimed. Barry remembered later that he had ordered a "chocolate something" so he ordered another.

Cancelling plans to do the Thompson River, the trip ended as it began, with Tony dragging Jacqui to his car as she pleaded for mercy. Ross swore he would never lead another trip, which will probably be at Easter.

Members of the trip (in order of appearance) -

Ross Seedsman, Rob Jacobs, Tony Marian, Sue Parkinson, Dianne Coon, Jol Shelton, Barry Stuckey, Mark Sefton, Prue Dobbin, Rob Marshall, Karen Roberts, Jacqui Parry, and, of course, the duppy pog in Buchan cannot be forgotten.

* The Mountaineer is metric even if the store isn't.

* * * * *

"MOUNTAIN RECREATION"

Bruce Jenkinson

Essays on Climbing .. \$8.00
Available at local mountain shops

Bruce Jenkinson, one of New Zealand's foremost alpine instructors and guides, was killed on Mount Sebastopol, August, 1973, whilst preparing rock climbing instruction sites for his forthcoming courses. Before he died Bruce had been preparing a book, and this book is the result of the labours of three friends who have edited his manuscripts. The result is a considered development of one alpinist's personal philosophy, and a serious thought provoking book.

Apart from some brief accounts of beginnings and early climbs the book is a serious analysis of various aspects of climbing. The most interesting essay is "The Sport of Mountaineering" which is a discussion of climbing from the points of view of skill, emotional commitment, and technology.

"The two main principles of serious mountaineering are evident.. The one is to achieve. The other, unless Kamikaze climbers really are true, is to survive. It is obvious that at some stage their motivations will conflict. Survival will be jeopardised for the sake of achievement, or vice versa. To be most effective the balancing process, usually referred to as mountaineering judgment, must take into account the whole complex of ideas that have evolved in over one hundred years of mountaineering practice, experiment, and misfortune."

For Bruce, a strong climber, courage and success were considered things

"But danger is sought in an oppressive climate of fear, pessimism, misplaced heroics or ignorant role playing only by the sadly misled. The epics that develop from these attitudes too often deteriorate into desperate struggles for survival, forget about style. There is some irony in the position of the expert climber hurtling unroped down the mountainside. Freedom he has. As in most things there is a balance. Balance in serious climbing is that of perspective, progression and judgment against heroics. Individual balance might involve another objective than fame."

This considered approach towards balance, rationale and compromise is also taken in another essay towards national parks and use. The compromise here must be between preservation and development, and for Jenkinson, the way to compromise was through a clear understanding of the inspirational resources of National Parks. Activities such as downhill skiing, speed boating, and

"MOUNTAIN RECREATION" .. (Cont'd)

sightseeing are seen as low involvement, high impact activities, the environment playing a secondary role to the activity. Popularisation with mass involvement is incompatible with wilderness. By comparison, hiking, mountaineering, etc., are seen as requiring a deeper and more sensitive involvement with the wilderness, and having a lesser impact upon it. Such activities are considered more compatible with National Parks. The worth of wild lands should be judged "by the quality of that use, by the success of humans in adapting to the natural environment".

The photos in the book are low key, amusing at times and not outstanding. The worth of the book is the quality of the thoughts expressed. The writing is considered never heavy, and Bruce Jenkinson had a wry sense of humor, much evident. A book well worth buying and reading.

Nick Reeves

"WALL OF SHADOWS"

Graeme Dingle

New Zealand, 1976

Available soon, local bookshops. \$9.00 approx.

In the post monsoon period of 1975, when the British were on the S.W. face, a New Zealand expedition attempted to climb the North face of Jannu. This was one of the first attempts upon a major Himalayan North face and the Kiwis managed to reach the top of the face itself, with the summit ridge left unclimbed. This book is an account of that trip, written in a personal and warm style, and it concentrates upon the climbers, and through their feelings, upon the climbing achieved.

This climbing was hard. The "Wall of Shadows" was the term given to the steep lower section of the face. This provided hard mixed climbing at high altitude, and it is claimed that the technical difficulty equalled anything in New Zealand. There are some good passages about the wall. Hard leads by people like Pooley, Wayatt and Dingle. Belay your armchair and, alternatively, regret or be happy that we have no steep ice here.

With the wall behind them, trouble came. Dingle, one of the best climbers, refused to continue on the ice above. His reason was the huge tottering line of seracs that menaced the climb. One had toppled, narrowly missing him and his partner. Such a decision, forcefully made, split the team. The expedition lost its push. Wayatt and Strang made a brave attempt, alpine style, and later Peter Farrell, the leader, reached the face top. A summit bid folded when five people could not be gathered together. A sad ending.

Dingle seems honest about his choice. It is lucky for him that he can explain. It is his version. Certainly the dangers were appalling and the worth of the book lies in the accounts of the reactions to it, its concentration upon the human element. While the photos are nothing great, the book is interesting to read, and it was a good climb. Overall, a much better book than the dull exposition of Everest, South west face, yet again.

Dave Smith

* * * * *

TRIPS PROGRAM : FEBRUARY - APRIL

There are climbing and/or canoeing trips every weekend. However, many of them are organised at short notice and do not appear in The Mountaineer. To find out about them you should either watch the Trips Book, or else contact the appropriate convenor - Peter Megans (874-7841) for climbing, and the lovely Karen Roberts (347 3452) for canoeing.

Most caving trips are run in conjunction with the V.S.A. - contact Sue White (328 4154) for details.

Orienteering events are classified as either "State Events" or "Club Events". Everyone is welcome at either type of event, and M.U.M.C. holds a BBQ at the first State Event of every month. For the dates and locations of each event one should either ring Tony Kerr (874 4726) or else read the V.O.A. newsletter in the clubrooms.

For more information about bushwalks you should either look at the Trips Book or contact Ian Moore (362429) or, best of all, contact the appropriate trip leader.

Date : Feb. 19th - 20th
Trip : Rock climbing at Mt. Buffalo
Transport : Private car
Leader : Andy Rothfield (20 8500 A.H.)

Date : Approx. Feb. 19th - 28th
Trip : Snowy River Gorge, Little River Gorge, and other walks in East Gippsland.
Transport : Private car
Leader : John Stone (29 3477 A.H.)

Date : Feb. 19th - 20th
Trip : Wilsons Promontory Bushwalk
A two-day walk around all the beaches at the Prom.
Plenty of chances for swimming and surfing.
Standard : Medium
Transport : Private car
Leader : Mike Feller (20 2232 A.H.)

Date : Feb. 26th - 27th
Trip : Snowy River Gorge Walk
A magnificent trip walking and hiking through the rugged and spectacular Snowy River Gorge. (Also a good chance to throw rocks at canoeists!!!)
Standard : Medium/Hard - not for beginners.
Transport : Private car
Leader : Rob Jung (379 8948 A.H.)

TRIPS PROGRAM .. (Cont'd)

Date : Feb. 26th - 27th
Trip : Lake Tarli Karng Walk
An easy walk into the beautiful Tarli Karng -
Victoria's only natural mountain lake. Good
views of rocky crags and secluded waterfalls.
Standard : Easy - Suitable for beginners - contact leader
Transport : Private car
Leader : Ralph Neville (489 6387 H.)
(615 4487 W.)

Date : Feb. 26th - 27th
Trip : Canoeing on the Goulburn R.
Transport : Private car
Standard : Easy
Leader : Ross Seedsman (83 4497 A.H.)

Date : Feb. 26th - 27th
Trip : Feathertop - Hotham Area Walk
Standard : Medium/Hard
Transport : Private car
Leader : Medium/Hard
Transport : Private car
Leader : Mike Feller (20 2232 A.H.)

** Date : March 5th - 6th
Trip : Work Party at the Feathertop Hut
This is the long awaited trip for painting the hut.
Spend the weekend on Victoria's most attractive
mountain and help paint the igloo while you are
there. The larger the number of people, the less
the work for each of them.
No other trips will be advertised for this weekend.
Standard : Medium/Easy
Leader : Andrew Walker
Transport : Private car

Date : Early March (3 days)
Trip : Wilson's Promontory Traverse (South to North)
Standard : Very hard. There is a limit of 4 people, and each
person must contact the leader before booking.
Transport : Private car
Leader : Rob Jung (379 8948 A.H.)

TRIPS PROGRAM .. (Cont'd)

Date : Feb. 28th - March 4th
 Event : Orientation Week
 Many people are needed to help at the M.U.M.C. display on the concrete lawns and at the clubrooms.

Date : March 9th
 Event : Annual BBQ and slide show at the footy pavilion.

Date : March 12th - 13th
 Event : The famous "Beginners' Bushwalks"

Two vans (more if there is sufficient demand) will be leaving North Court at 7 p.m.

The first will take the following trips to the Marysville area. Cost about \$5.00 (van fare)

a) Trip 1 - Marysville - Keppel Falls - Lake Mountain - Echo Flat.

Standard : Easy. Good views and a beautiful waterfall.

b) Trip 2 - Cathedral Range Traverse

A superb walk along a very spectacular razorback ridge.

Standard : Easy/Medium

c) Trip 3 - Wilhelmina Falls - Yea Rock - Murrindindi Falls.

A repeat of last year's very popular walk in the mountain around the Murrindindi valley.

Standard : Medium

The second van will be going to the Howqua River near Mt. Buller. The mountains in this area are considered by many to be the best in Victoria. Thus the trips are more spectacular than those above - but are also tougher. If you have never been bushwalking talk to a few of the club "heavies" before booking.
 Cost is \$7.00 (van fare)

a) Trip 1 - Mt. Timbertop - Mt. Buller - Little Buller - Eight Mile Hut.

Standard : Medium

b) Trip 2 - Sheeppyard Flat - Eagles' Peaks - Governor's - Fry's

Standard : Medium

c) Trip 3 - Eight Mile Hut - The Bluff - Jamieson River - Lickhole Gap - Fry's

Standard : Medium Hard

TRIPS PROGRAM .. (Cont'd)

Date : March 12th - 14th
 Trip : Mt. Howitt - The Bluff Walk (3 days)
 A longer trip in the same area as Van 2 above
 Standard : Medium
 Transport : Private car
 Leader : Steve Crease (26 2121)

Date : March 16th
 Event : MUMC Committee Meeting at Tony Kerr's

Date : March 19th - 20th
 Event : The not quite so famous "Beginners' Rockclimbing"
 at Mt. Arapiles or "How to fall off a cliff
 without really trying".
 Standard : Scary (?) for the beginners
 Drunken (?) for the instructors
 Transport : Private car
 Organizer : Hugh Foxcroft. Bookings are now open

Date : Sunday, March 20th
 Trip : Federation Day walk at Marysville
 Bookings close March 11th, details in Trips Book

Date : March 26th - 27th
 Event : Bludge weekend at Roger Barson's farm at Upper Plenty.
 Includes a sheeproast, daywalks, etc.
 Standard : Bludge
 Organiser : Roger Barson

Date : March 26th to April 17th (includes Easter)
 Event : Walking in Northern N.S.W. to Southern Q'ld.
 Warrumbungles, Lamington, Fraser Island
 Standard : Variable, medium
 Transport : Private
 Leader : Rob Jung (579 8948 H.)
 (479 2550 W.)

Trip would include a number of five day walks

Date : March 31st
 Event : The A.G.M.

Help throw out the old committee and bring in a new one.
 Features Pat Miller talking, and showing slides of
 The Andes.
 Plate : Sisalkraft Lecture Theatre at 7.30 p.m. (Architecture
 Building)

TRIPS PROGRAM .. (Cont'd)

Date : April 2nd and 3rd
Trip : The infamous "Beginners' Canoeing" at a secret
location known only to Karen Roberts.
Watch the Trips Book.
Transport : Private car
Standard : Instructional - you should learn something (about
the canoeists if not about canoeing !!!)

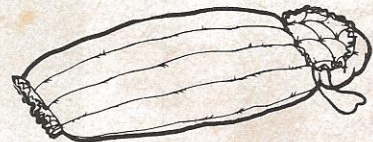
Date : April 8th - 12th
Trip : The Easter Van trips.
Watch the trips book for details

Date : April 16th - 17th
Trip : Moroka Gorge Walk.
A very rugged and beautiful gorge.
Standard : Medium
Transport : Private car
Leader : Ross Seedsman

Kimpton SLEEPING BAGS

arctic bag

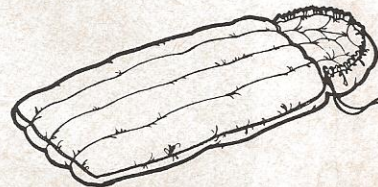
For sub zero temperatures and high altitudes. Cellular walls form lengthwise flutes, this stabilises the filling, ensuring even insulation and maximum resistance to cold throughout. There are no cold spots on the stitching, not even on the side seams because of these walls. The quilted flap hood is fitted with a draw tape and permits almost complete envelopment of the sleeper except for a small breathing aperture. When tied, the end allows no heat loss, however, in hot weather, the down can be compressed to the bottom and the end left open for ventilation, this makes the Arctic a dual purpose bag.



Filled with 2½lb. superdown.

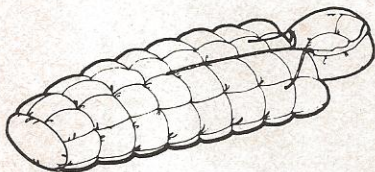
Body of bag cut 6'6" long x 32".
Total weight of bag 5¼ lb.

walled, hooded combination bag



Walled construction, the same as our Arctic bag. This hooded bag unzips to open into a blanket. Or, you can zip two bags together to make a double bag. Superdown filled

snow bag



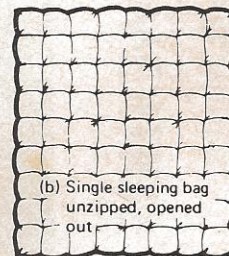
For skiers, bush walkers and sportsmen who want warmth without weight: Fitted with an inside closing zip and adjustable hood. An added feature is the heavily padded, circular foot panel, for protection in cold conditions. Supplied with our special waterproof container bag.

combination sleeping bag

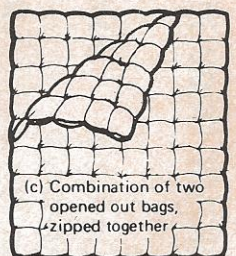
opened out to make a 6' 6" x 5' warm, light eiderdown, equalling the warmth of two pairs of blankets. For caravanning or camping purposes, it is simply zipped together, forming a single sleeping bag, or two bags opened out, can be zipped together, forming a perfect roomy double bag, capable of accommodating two adults or three children. Needs no bedmaking.



(a) Single sleeping bag zipped up



(b) Single sleeping bag unzipped, opened out



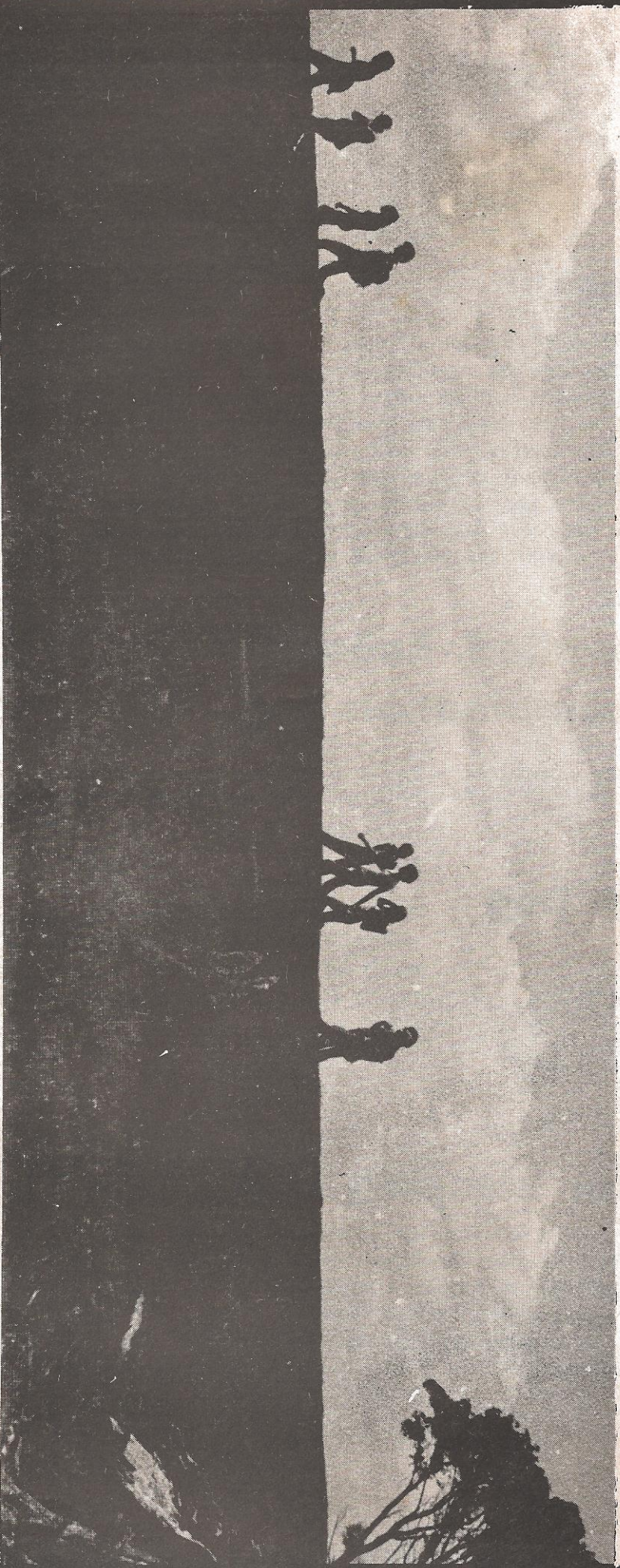
(c) Combination of two opened out bags, zipped together

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